



Goal Quilt One

Designed by Rose Smith of
Ludlow Quilt and Sew

Size 66" x 66"

All fabrics are from Goal by Fabric
Freedom

Please read through all the instructions before
you begin

Requirements

- | | |
|----------------------------------|---------------------|
| 1. Goal FF226-1 | 1/2 yard – 50cm |
| 2. Footballs FF227-1 | 1 yard – 1mt |
| 3. Shirts FF228-1 | 1.1/2 yard – 1.4 mt |
| 4. Stars FF229-1 | 1.1/4 yard – 1.2mt |
| 5. Cups FF230-1 | 1/2 yard – 50cm |
| 6. For the backing use fabric 1: | 3.1/2 yards – 3.2mt |
| 7. For the binding use fabric 4: | 1/2 yard – 50cm |

You will also need a piece of wadding approximately 70" square.

Cutting

From fabric 1 cut nine 6.1/2" squares

From fabric 2 cut and piece 2.1/2" strips: two 54.1/2" long, two 58.1/2" long, two 62.1/2" long, two 66.1/2" long

From fabric 3 cut thirty six rectangles 3.1/2" by 6.1/2", thirty six 3.1/2" squares, thirty six 3.7/8" squares

From fabric 4 cut eighteen 3.1/2" by 6.1/2" rectangles, thirty six 3.1/2" squares, thirty six 3.7/8" squares for the quilt top and fifty 2.1/2" squares for border 2

From fabric 5 cut thirty six 3.1/2" squares for the quilt top and fifty 2.1/2" squares for border 2

For the backing cut one 70" length of fabric 1 across the width of fabric. Cut two 28.1/2" lengths of fabric 1 across the width of fabric.

For the binding cut seven 2.1/2" lengths of fabric 4 across the width of fabric.

All measurements include 1/4" seam allowances.

Sewing



Make half square triangle units using the 3.7/8" squares in fabrics 4 and 3. Place two squares with right sides together and mark a line along the diagonal. Sew a 1/4" seam either side of the marked line. Cut along the line to produce two half square triangle units from each pair of squares.

Lay the patchwork pieces out as shown:

Rows 1 and 6: two half square triangles with a fabric 3 rectangle on each end.

Rows 2 and 5: a fabric 4 rectangle in the middle with a fabric 5 square on each side and a fabric 3 square at each end of the rows.

Rows 3 and 4: the 6.1/2" fabric 1 square in the middle with a fabric 4 rectangle on either side and two half square triangle units at the end of each row.

Note that the pairs of half square triangles are always placed so that they form a larger fabric 4 triangle pointing away from the middle of the block.

Sew the patchwork pieces together across the rows and then sew the rows to each other to complete the block. Make nine of these and sew them together in three rows of three.

Finishing the Goal quilt

For border 1 sew the 54.1/2" lengths of fabric 2 to the top and bottom of the quilt and the 58.1/2" lengths to the sides.

For border 2 sew the 2.1/2" squares of fabrics 5 and 4 together in rows, alternating the squares. Make two lengths of twenty four squares and sew them to the top and bottom of the quilt. Make two lengths of twenty six squares and sew them to the sides of the quilt.

For border 3 sew the 62.1/2" lengths of fabric 2 to the top and bottom of the quilt and the 66.1/2" lengths to the sides.



For the backing fabric you will need 70" squares of both backing fabric 1 and wadding. The image shows one way that you could make the size (using 3 different colours only to illustrate the layout).

Sew the two 28.1/2" lengths of fabric 1 together along one short side. This will give you a panel 28.1/2" wide by 84" long. Cut this to 70" long. Sew this panel to the 70" strip of fabric along the 70" edge.

For the binding, sew the seven strips of fabric 4 together to give one very long strip to make the binding.